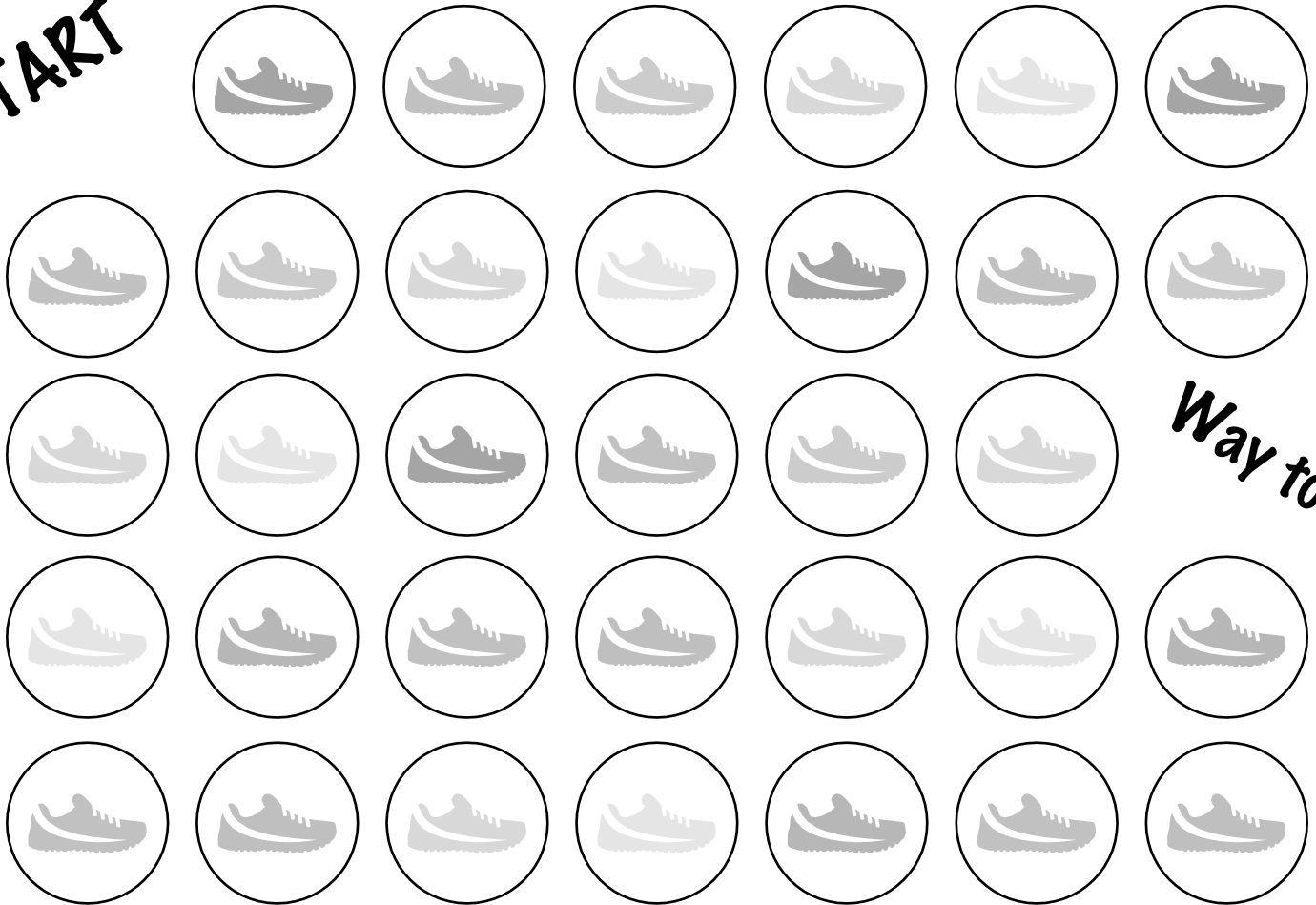


20 Hour Move Challenge

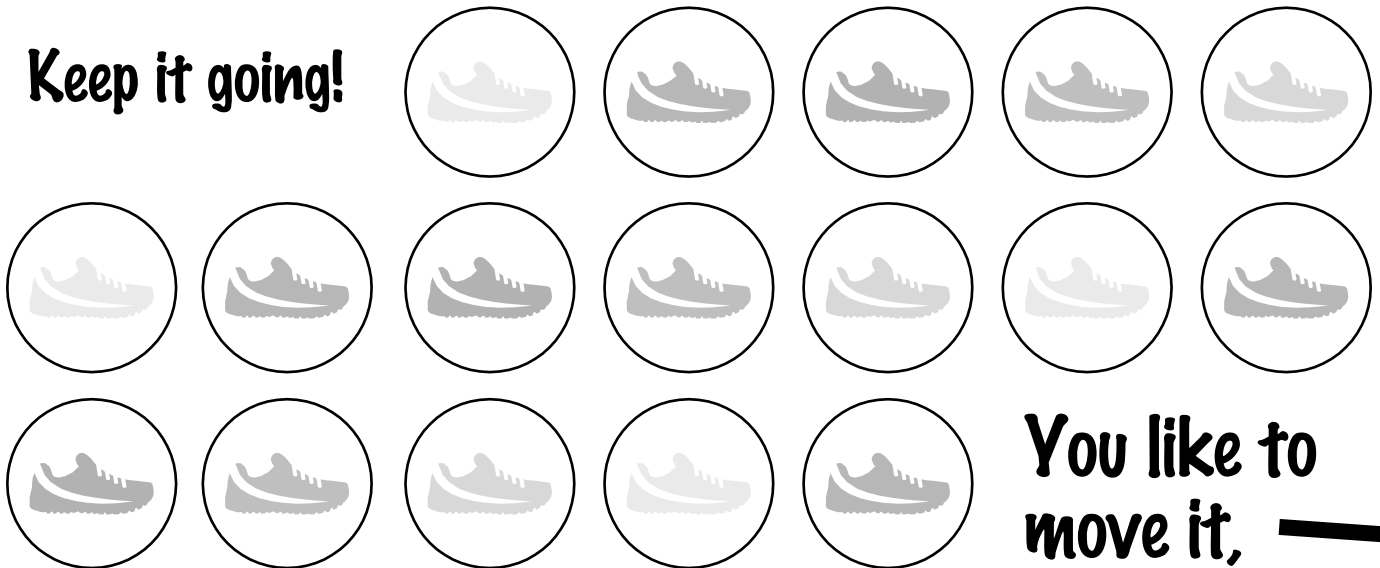
Home Sheet: For every 15 minutes of movement, color in and have a parent/guardian initial a shoe. Send a picture to your teacher on Fridays using your class's communication app for totals to be added to their master time sheet at school.

START



Way to go!

Keep it going!

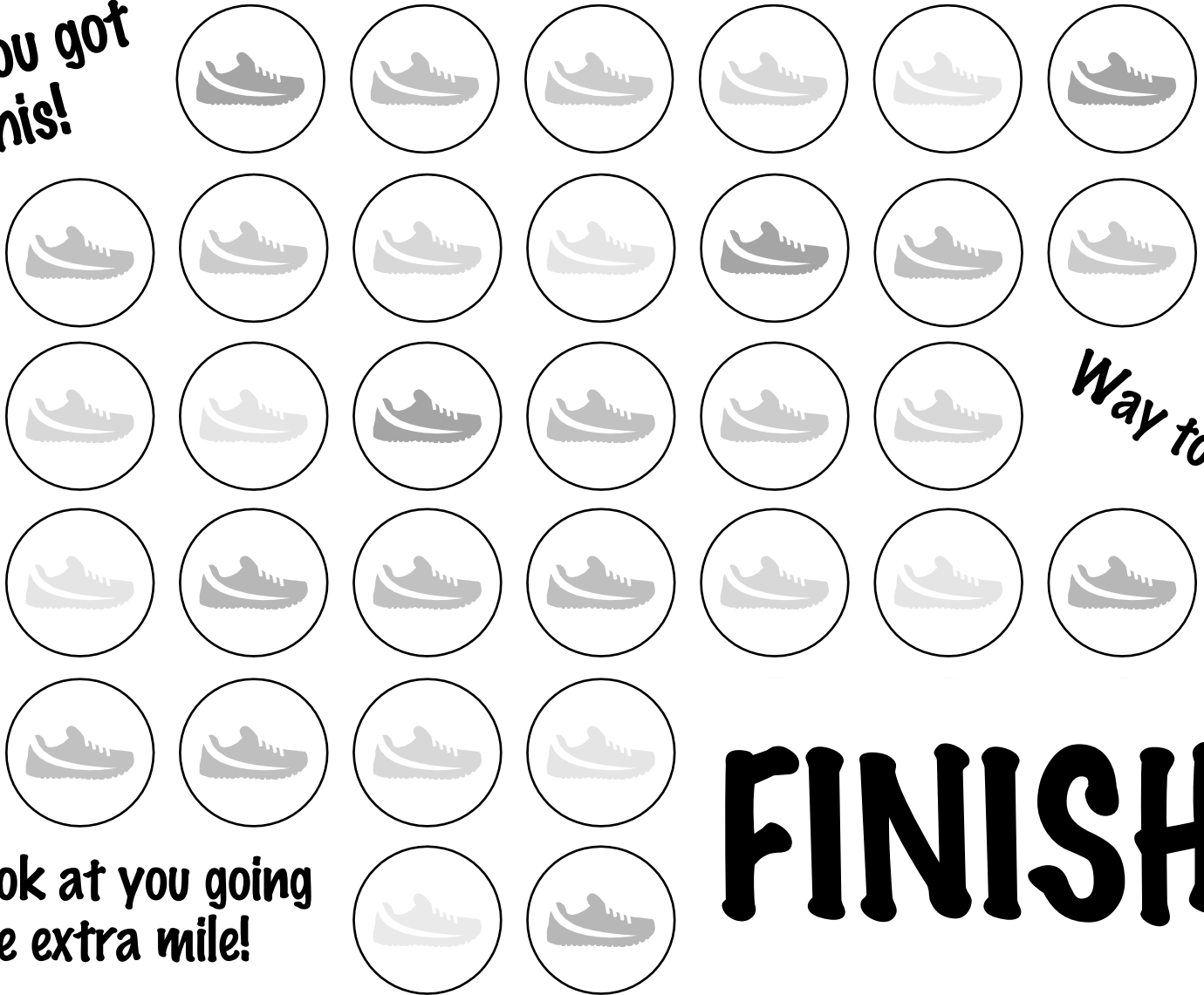


**You like to
move it,
move it!** →

20 Hour Move Challenge

Continued....

**You got
this!**



**Look at you going
the extra mile!**

Way to go!

FINISH!